



OUR SERVICES AT A GLANCE

Wayside House understands that women suffer addiction differently than men. Women recovering in an environment created just for women remain in treatment longer, achieve better abstinence rates and are more than twice as likely to complete treatment.

OUR PROGRAMS:

Every woman with an addiction comes to us with a different set of circumstances. We provide a variety of choices, programs and services that focus on each woman individually and holistically.

- Residential 90-day program
- Intensive Outpatient (IOP)
- Outpatient
- Services for Veterans
- Parenting Training
- Alumni Services
- Intervention for Project Nurses (IPN) & Professional Resource Network Support

TREATMENT SERVICES:

- Individual & Group Therapy
- Psychiatric & Medication Management
- Nursing Services
- Case Management
- Nutritionist
- Life Skills Training
- 24/7 Supportive Supervision
- Parenting Program
- Holistic therapies, including equine, horticulture, art, yoga, psychodrama, and meditation

EMPLOYMENT SERVICES: Tina Posner Center For Career Excellence provides job skills training and job placement for Wayside House clients and alumni.

LENGTH OF STAY: 90 Days

TWELVE-STEP BASED: Wayside House bases its program on the Twelve-Step model, teaming with the local recovery community for all clients.

COST OF PROGRAMS: We accept all major insurance providers as well as private pay. Residential and IOP services must be authorized through insurance company for coverage. In addition to serving those with the ability to pay for services, Wayside House provides a limited number of scholarships and has a small, designated number of beds paid through public subsidies for those without financial means.

ADMISSIONS: Wayside House serves women ages 18+ suffering from alcohol and substance abuse and co-occurring conditions. Assessment is the foundation for treatment planning. Assessments can be scheduled Monday through Friday, 8:30 a.m. until 5 p.m.

FOR MORE INFORMATION ABOUT WAYSIDE HOUSE OR TO SCHEDULE AN ASSESSMENT,
PLEASE CONTACT OUR ADMISSIONS OFFICE:

561-666-9149 OR 561-278-0055

Wayside House | 378 NE 6th Avenue | Delray Beach, FL 33483 | www.waysidehouse.net





Intensive Outpatient Program (IOP)

Healing Body, Mind & Spirit

8-week Program

Evening Sessions (Tuesday, Wednesday, and Thursday)

5 p.m. – 8 p.m.

We Will Help You:

- Deal with trauma and eating disorders
- Integrate your recovery into your life
- Manage stress
- Work through body image difficulties
- Introduce mindful eating
- Process life issues and find real solutions
- Access outpatient and aftercare services
- Receive job training and help in finding employment
- Join the strong alumni group for continuous support after graduation

We have an insurance specialist available to review prospective clients' insurance benefits and coverage. We facilitate clinical reviews throughout the clients' treatment to ensure maximum coverage for treatment services.

378 N.E. Sixth Avenue
 Delray Beach, Florida 33483
 Main Number – 561-278-0055
 Admissions – 561-666-9149
www.waysidehouse.net
info@waysidehouse.net

In Network



Out of Network

